



Article Swimming Performance Assessments of Fish Species of Greatest Conservation Need to Inform Future Stream Crossing Designs in Texas

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Abstract: Conventional structures associated with stream crossings such as bridges and culverts can lead to zones of high-velocity water flow that impede fish passage. Such obstacles are likely to harm native fish populations by impacting migrations critical to their life history strategies, causing habitat fragmentation and extirpation, thereby limiting population growth and distribution. Due to the high rates of human population growth and development occurring in Texas, this is an issue of particular concern for fish designated as species of greatest conservation need (SGCN). This project focused on four SGCN fishes native to the Edwards Plateau Ecoregion, namely the Guadalupe Bass, Guadalupe Roundnose Minnow, Guadalupe Darter, and Plateau Shiner, at both adult (all species) and juvenile (Guadalupe Bass only) life stages. Our primary aim was to aid in the design of future culverts associated with stream crossings (or the modification of existing culverts) so that the water velocities through these structures do not exceed the swimming capacities of our target SGCN fishes. To this end, we assessed their maximum sustained swimming speeds (U_{crit}) under a typical range of Edwards Plateau stream temperatures (15, 22.5, and 30 °C) to be used in site-specific calculations of the maximum allowable culvert water velocities (Vf). A secondary objective was to collect physiological endpoints of relevance to the overall swimming performance including the maximum burst swimming speeds (U_{max}) , metabolic rate measurements (i.e., standard metabolic rate (SMR), maximum metabolic rate (MMR), and aerobic scope (AS)), cost of transport (COT), and optimal swimming speed (U_{opt}) . Temperature-related effects were observed that can be used to inform site-specific culvert designs. In general, the highest U_{crit} values for the tested species were near, or possibly between, 22.5 and 30 °C, while U_{max} stayed relatively consistent among treatments.

Keywords: swimming performance; metabolism; stream crossing; Ucrit

Key Contribution: This study offers water velocity recommendations based on the swimming performance of four species of greatest conservation need under varying temperatures. By assessing their swimming performance and metabolic traits, it provides valuable insights for conservation amidst increasing human development.

1. Introduction

Freshwater ecosystems worldwide are facing mounting ecological stress related to anthropogenic activity, resulting in the rapid loss of biodiversity [1]. Stream-fish assemblages across North America have been particularly impacted by stream fragmentation due to flow modifications and habitat degradation [2,3]. For instance, the construction or modification of bridges and culverts can impact stream habitats through alterations in the flow gradients, which are detrimental to fish species by impairing passage for seasonal and daily movements and generating downstream scour [4,5]. Indeed, the improper design of



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Copyright: © 2024 by the authors. Licensee MDPI, Basel, Switzerland. This article is an open access article distributed under the terms and conditions of the Creative Commons Attribution (CC BY) license (https:// creativecommons.org/licenses/by/ 4.0/). culverts could lead to water flow velocities that prevent the passage of resident or migrating fishes by exceeding their swimming capabilities [6]. This could lead to the extirpation of resident fishes by limiting recolonization or inhibiting/preventing migrations critical to their life history [7]. Moreover, successful culvert passage can be influenced by environmental parameters such as temperature, which can profoundly affect fish physiology and performance [8]. Therefore, the impacts of such barriers and temperature on fish passage/migration have ecological implications for species distribution and abundance and are believed to contribute to the global decline in freshwater species [6,9–12].

Many taxa native to the Edwards Plateau Ecoregion region of Texas, which is synonymous with the Texas Hill Country (Edwards Plateau hereafter), rely on the stable spring complexes fed by the Edwards Aquifer as refugia and have evolved highly restricted ranges found in only a few rivers such as the Guadalupe River [13]. New urban developments including transportation improvements are being planned to address the high human population growth in this region, many of which are likely to increase groundwater withdrawal, resulting in decreased spring flow. Such efforts will include building new stream crossings, thus presenting a risk of exacerbating the existing habitat fragmentation to the species therein [14]. The Edwards Plateau is home to several species deemed species of greatest conservation need (SGCN) by the Texas Parks and Wildlife Department (TPWD). However, little is known regarding the swimming performance of many of these species. Thus, there is a clear need to gain knowledge of the swimming performance of SGCN fishes of the region at relevant life stages and temperatures to help inform stream-crossing designs and barrier modifications.

To address these critical knowledge gaps, we sought to characterize various aspects of the swimming performance of four fish SGCN: the Guadalupe Bass (Micropterus treculii), Guadalupe Roundnose Minnow (Dionda nigrotaeniata), Guadalupe Darter (Percina apristis), and Plateau Shiner (Cyprinella lepida). The Guadalupe Bass is the state fish of Texas and is a popular sport fish found only in the Edwards Plateau. The 2018 Annual Report of the Guadalupe Bass Restoration Initiative stated that the economic value of fishing in the region was estimated to be USD 71 million over a 16-month period, with Guadalupe Bass being explicitly targeted by half of the anglers [15]. Conservation efforts in preventing introgressive hybridization with Smallmouth Bass are ongoing, but perhaps a more considerable concern to the species is their vulnerability to habitat alterations and loss [7,16]. This is likely due in part to the fact that during their early life stages, a shift in habitat preference occurs toward increased current and depth. However, the habitat associations of juvenile Guadalupe Bass remain poorly understood [14,17]. Guadalupe Roundnose Minnow, Plateau Shiner, and Guadalupe Darter are at risk of habitat fragmentation as all have restricted ranges and rely on spring complexes for habitats found within a few rivers in the region [13,18–21]. The movement of darter species is characterized by long-term residence in relatively small areas and is generally low compared to other fish families [5]. Habitat modification could be problematic as darter swimming activity often occurs in short "burst-and-coast" movements on the benthic surface, allowing individuals to take refuge in lower-velocity water while bracing against the substrate. Poorly designed culverts could thus present a barrier to migration by not permitting this strategy [10].

Specifically, our primary goal was to measure the maximum sustained swimming speed (U_{crit}) of the previously mentioned species under a range of relevant temperatures (15, 22.5, and 30 °C) to be used in site specific calculations of culvert water velocities (*Vf*). Efforts were focused on the adult and juvenile (Guadalupe Bass only) life stages. A secondary objective was to collect additional physiological endpoints of relevance to overall swimming performance including the maximum burst swimming speeds (U_{max}), metabolic rate measurements (i.e., standard metabolic rate (SMR), maximum metabolic rate (MMR) and aerobic scope (AS)), minimum cost of transport (COT_{min}), cost of transport at U_{crit} (COT_{Ucrit}), and optimal swimming speed (U_{opt}).

2. Materials and Methods

2.1. Experimental Animals

Adult Guadalupe Bass (Nueces River, Edwards County), Guadalupe Roundnose Minnow (Guadalupe River, Kerr County), Guadalupe Darter (San Marcos River, Hays County), and Plateau Shiner (Nueces River, Uvalde/Real Counties) were collected from river systems within the Edwards Plateau of TX. Guadalupe Roundnose Minnow, Guadalupe Darter, and Plateau Shiner were captured using a 3 m \times 1.5 m seine net with 3/8 inch (9.5 mm) knotless mesh. Guadalupe Bass adults were collected via angling with a soft plastic lure with a single hook, or with an inline spinner with an individual treble hook (i.e., no multi-hook lures were used to avoid injury to the fish). Fish were immediately (<30 s after capture) placed in an oxygenated vessel and water changes were carried out approximately every 30 min [22]. Fish that took longer to unhook were released. Fish were transported to the Heart of the Hills (HOH) Fisheries Science Center in Kerr County, TX in an oxygenated hauling tank and then "tempered" to the HOH water via water exchanges over ~1 h. Fish were collected from all habitat types available in the stream (run, riffle, pool). Juvenile Guadalupe Bass were obtained from HOH. Except for the adult Guadalupe Bass, fish were promptly transported in well-aerated coolers to the University of North Texas (UNT) in Denton County, TX, where they were acclimated and maintained for use in experiments. The experimentation of adult Guadalupe Bass was initiated at the HOH Fisheries Science Center; however, due to mechanical issues with the swim tunnel, testing was completed at UNT, as described in more detail below. Each species was collected, acclimated, and tested separately in succession.

For each species and life stage, fish were distributed evenly among the three treatment tanks upon arrival, each initially matched to the temperature of the transport water from the respective field collection. To ensure sufficient sample sizes for the swimming trials (n = 8)and account for any potential mortality from handling stress (or otherwise), ~11–12 fish were included in each treatment. Final acclimation temperatures of 15, 22.5, and 30 °C were achieved by raising or lowering each tank's temperature at a rate not exceeding 1 °C per hour and no more than 2-3 °C total change per day. Water temperatures selected either approximated spring (i.e., hydrologic feature, not the season) temperatures in the Edwards Plateau (22–23 °C) or represented the typical low and high temperatures experienced in Edwards Plateau streams. Once the target temperatures were reached, fish were held at their respective acclimation temperatures for a minimum of two weeks before experimentation. The temperatures in the 22.5 and 30 °C tanks were achieved using aquarium heaters, whereas the temperature in the 15 °C tank was achieved using a chiller unit (Frigid Units, Inc., Toledo, OH, USA). Fish held at UNT were maintained in living stream tanks (Frigid Units, Inc., Toledo, OH, USA) filled with ~500 L of reconstituted hard water (RHW) or dechlorinated City of Denton tap water [23]. Large cylindrical fiberglass tanks filled with ~1800 L of water were used to hold adult Guadalupe Bass tested at HOH. Water used for fish culture and testing at HOH was directly spring fed from an adjacent property and used for all fisheries-related work at the facility. Water quality in all holding tanks at both locations was maintained using individual recirculating filtration systems per tank. Temperature, dissolved oxygen (DO), pH, conductivity, and ammonia were recorded at least twice per week from each tank. Temperature and DO were measured using a YSI ProODO oxygen meter (YSI Incorporated, Yellow Springs, OH, USA), and pH was measured with an Orion Star A121 portable pH meter (Thermo Fisher Scientific, Waltham, MA, USA). Conductivity was monitored using an Oakton CON 6+ conductivity meter (Thermo Fisher Scientific, Waltham, MA, USA), and ammonia was monitored using an aquarium test kit (Mars, Inc., Chalfont, PA, USA). Fish were fed a combination of defrosted bloodworms and Tetramin fish flakes ad libitum once daily and maintained under a 14:10 light:dark schedule.

2.2. U_{crit} and Metabolic Rate Measurements

Maximum sustained swimming speed (U_{crit}) and metabolic rate (\dot{MO}_2) measurements of juvenile Guadalupe Bass, Guadalupe Roundnose Minnow, and Plateau Shiner were

conducted in a 1.5 L Blazka-style swim tunnel (Loligo Systems, Viborg, Denmark). Adult Guadalupe Bass swimming performance trials were conducted in a 180 L Brett-style swim tunnel (Loligo Systems, Viborg, Denmark) housed at the HOH facility to accommodate their larger size. However, this large volume precluded the ability to collect MO₂ measurements due to an excessive volume-to-fish mass ratio; thus, no MO₂-related measurements are provided for this group of fish. Additionally, the 180 L swim tunnel required a significant repair toward the end of testing, with ~2–3 fish remaining to be tested per treatment. The remaining fish were transferred to UNT to complete the trials in a smaller 10 L swim Brett-style tunnel (Loligo Systems, Viborg, Denmark), focusing on the smaller of the remaining fish that would fit comfortably within the tunnel. To this end, the remaining fish were reacclimated at UNT to their respective temperatures for a minimum of two weeks prior to completing the swim trials to account for transport stress.

Oxygen and temperature readings were collected using a mini oxygen dipping probe and Pt1000 temperature probe, respectively (Loligo Systems, Viborg, Denmark). Before each experiment, a two-point calibration at the appropriate acclimation temperature was performed on the oxygen probe. The 100% air saturation calibration value was achieved by vigorously aerating the water with an air stone, and the 0% O₂ saturation value was obtained using a 10 g/L sodium sulfite solution (Avantor, Allentown, PA, USA). The temperature during the experiments was maintained using a submerged heating coil attached to an Alpha 8 heating/cooling circulating water bath (LAUDA-Brinkman, LP, Delran, NJ, USA). Experimental data were collected using AutoResp version 2.1.2 (Loligo Systems, Viborg, Denmark).

Prior to initiating swim trials, preliminary tests in size-matched static respirometers (Loligo Systems, Viborg, Denmark) were performed on each species and life stage (minimum of four individuals) to establish the period of time needed to permit recovery from handling stress and swim chamber habituation. Fish were held in static respirometers until their metabolic rates stabilized to a routine metabolic rate (RMR), defined by at least three consecutive measurements not deviating by more than ~10%. For the Plateau Shiner, the period of habituation appeared substantial (~11 h), and therefore an overnight habituation period was employed for this species. The final habituation periods for the other species were determined as follows: Guadalupe Roundnose Minnow ~5 h, juvenile Guadalupe Bass ~4 h, adult Guadalupe Bass ~4.5 h, and Guadalupe Darter ~1.5 h.

Swim trials were performed following previously established methods [24,25]. Food was withheld for all fish for at least 24 h prior to introduction into a swim chamber to eliminate specific dynamic action as a confounding factor. Approximate body length (BL) was quickly estimated using a ruler, and approximate mass was estimated based on prior experience to minimize handling stress. Final definitive measurements of these parameters were collected after each swim trial, and the data were mass and length corrected. Fish were gently transferred into the swim tunnel, maintained at their respective acclimation temperatures, and allowed to habituate to the chamber for the pre-established period of habituation at a minimal flow speed (~0.5 BL/s) prior to initiating the $U_{\rm crit}$ test. Measurements of MO_2 were initiated during the habituation period immediately following transfer to the chamber. Fish monitoring and recording during the tests were conducted remotely using a small video camera connected to a computer to avoid disturbing the fish. Each test was performed by forcing the fish to swim for a series of 20-min intervals, each consisting of a flush, wait, and measurement period until the fish failed to continue swimming. Wait periods were set to 30 s while both flush and measurement periods were optimized to balance obtaining sufficient O_2 measurements for a high r^2 value (see below) and sufficient time to replenish the chamber with near 100% air saturated water. Each interval progressively increased in velocity by increments of ~0.5 BL until failure. Failure was determined when the fish became fatigued and impinged on the rear screen or showed prolonged resting against the rear screen two consecutive times following a temporary reduction in flow after the first occurrence. Failure was confirmed by using video analysis of swim trial recordings.

$$U_{\rm crit} = [Uf + (T/t)dU]/cm$$

where Uf(cm/s) represents the highest swimming speed maintained for a complete interval, T (s) is the time spent at the final velocity, t is the time interval (s), and dU is the increment in swim speed (cm/s) [26]. Following the completion of the swim trial, fish were removed from the swim tunnel and euthanized using a buffered 10 g/L methanesulfonate (MS-222) solution, and biometric data were collected. The empty chamber was resealed to measure and correct for potential background oxygen consumption due to microbial respiration. Note that U_{crit} measurements for Guadalupe Darter were not possible due to their behavior, which typically consisted of extending their pectoral fins and resting on or near the mesh at the back of the swim chamber for the duration of the swim trial. This behavior has been observed in other darter species and is likely due to their ecology as a benthic species [27].

Metabolic rate analyses were performed using MO_2 data collected during the swim trials except for the Guadalupe Darter and adult Guadalupe Bass for reasons described above. The MO₂ measurements of the last three intervals prior to ramp-up were averaged together to better represent the initial metabolic rate before initiating the experiment. Both least squares linear regression and exponential regression have been used to model data of this nature in fish swimming performance studies [25]. By applying both, it was found that exponential regression better modeled the data (higher r^2 value) 82% of the time. Standard metabolic rate (SMR; y-intercept) and maximum metabolic rate (MMR; extrapolated at $U_{\rm crit}$) were therefore derived for each fish using an exponential regression of the logarithm of MO_2 (mgO₂/g/h) versus swimming speed. Only individuals with MO_2 regressions yielding r^2 values ≥ 0.7 were used for the metabolic analyses. Aerobic scope (AS) was calculated by subtracting the SMR from the MMR. Given that Guadalupe Darter would not swim in the swim tunnel, SMR, MMR, and AS were determined using static respirometers. This approach was achieved by employing the standard "chase" method to obtain the MMR and taking the mean of the lowest 10th percentile values following habituation to obtain the SMR [28,29]. Additionally, as described earlier, the large volume-to-mass ratio for adult Guadalupe Bass precluded MO_2 assessments for this life stage. For the swimming performance trials, sample sizes ranged from 7 to 12 individuals. For the metabolic rate measurements, sample sizes typically ranged from 5 to 10. An exception was the Plateau Shiner, which had low sample sizes (n = 2-4) due to poor metabolic rate regressions (see Section 4).

2.3. Maximum Water Velocities

Maximum water velocities (*Vf*) were calculated using the formula:

$$Vf = Vs - (d \times E_{vs}^{-1})$$

where *Vf* is the velocity in the culvert to be traversed (m/s), *Vs* is the percentile U_{crit} value (m/s), *d* is the length of the culvert, and E_{vs}^{-1} is the time increment used during the U_{crit} trials [30]. This approach allows for setting site-specific flow criteria depending on culvert length and the level of protection sought for a given species by adjusting the percentile threshold. Additionally, this equation considers that a fish needs to swim at a speed faster than the velocity of the water to make forward progress. A range of U_{crit} (cm/s) percentiles were calculated for each species at each temperature and used to model *Vf* over a range of culvert distances up to 30 m in length.

2.4. U_{max} Measurements

The maximal burst swimming speed (U_{max}) was measured similarly to that as previously described [31,32]. It should be noted that there is inconsistency within the literature for terms representing a fish's maximum swimming speed. For example, both U_{max} and U_{burst} have been used to describe the velocity at fatigue during constant acceleration tests [33,34], and U_{burst} has also been used to describe the point just prior to initiating a burst-and-coast swimming mode for a minimum period (e.g., >5 s; see [35]). Herein, $U_{\rm max}$ will refer to the instantaneous maximum speed associated with the C-start escape response [33–35]. U_{max} tests were conducted for all species under similar physiochemical conditions as the U_{crit} determination. All U_{max} tests except for adult Guadalupe Bass were conducted in a cylindrical 10-gallon (38 L) white plastic tank with a diameter of ~36 cm and water depth of ~7 cm. Adult Guadalupe Bass were tested in a large green fiberglass tank with a diameter of ~172 cm and a water depth of ~38 cm. Burst swimming from an escape response was induced following a 15 min acclimation period during which the fish could move freely. A mechanical stimulus, a standard weight, was released from 1.5 m high to induce the response. The stimulus was shielded from view within a PVC pipe, and the test area was screened off to prevent visual stimulation before contacting the surface of the water. A GoPro (HERO7 Black, GoPro Inc., San Mateo, CA, USA) filming at 30 frames per second was positioned directly above the experimental tank to record the burst swimming response. Video files were uploaded and processed using Lolitrack 5 (version 5.1.0) software (Loligo Systems, Viborg, Denmark). Each video was separately calibrated for distance and area of interest masked, and a filter was created that highlighted pixels designated for fish location. Analysis was conducted on twelve frames and commenced with one frame prior to the stimulus contacting the water. This approach allowed the first 400 ms to be analyzed, which was deemed sufficient to capture the maximum speed [32,36]. Each specimen was recorded three times, with a 15-min interval between recordings, and each file was analyzed as described to determine the fastest response.

2.5. Cost of Transport and Optimal Swimming Speed

The cost of transport (COT) for each individual was calculated by dividing \dot{MO}_2 by their respective swimming speeds (cm/s) at each speed increment. For the same reasons described above, the metabolic measurements of the last three intervals prior to ramp-up were averaged together. The optimal swimming speed (U_{opt}) and minimum cost of transport (COT_{min}) were both determined by creating a second-order polynomial regression. A plot was generated, correlating the swimming speeds (cm/s) and COT for each individual fish. The x component of the vertex in the polynomial regression was solved to establish U_{opt} while the y-value of the same point represented COT_{min} [25]. Again, only individuals with regressions yielding r^2 values ≥ 0.7 were used for the analyses. Using the measured body lengths, measurements of U_{opt} and COT_{min} were converted to BL/s from cm/s. Cost of transport at U_{crit} (COT_{Ucrit}) was calculated by dividing the MMR (mgO₂/g/s) for each fish by the corresponding U_{crit} (both BL/s and cm/s).

2.6. Statistical Analyses

Data are presented as the means \pm standard error of the mean (SEM). Differences were tested for statistical significance using SigmaPlot version 12.3 (Systat Software, Inc., San Jose, CA, USA). Shapiro–Wilk normality equal variance tests were run before proceeding with one-way ANOVA. Pairwise multiple comparisons across temperature within species and life stage were conducted using the Holm–Sidak method. Data for COT_{min} and COT_{Ucrit} for Guadalupe Roundnose Minnow as well as the SMR for Plateau Shiner were log-transformed to satisfy the assumptions of equal variance and normality. Kruskal–Wallis one-way ANOVA on ranks was conducted following transformation. In all cases, differences were deemed significant at p < 0.05.

3. Results

3.1. Biometric and Water Quality Data

The average mass of juvenile Guadalupe Bass in the 15 °C treatment was significantly smaller than the 22.5 °C treatment and in length compared to the 22.5 and 30 °C treatments (Table 1). For the adult Guadalupe Bass, the 15 °C treatment exhibited a significantly higher

mass than the 30 °C treatment. No other biometric data differed among treatments within species. Water quality data are summarized in Supplementary Table S1.

Table 1. Biometric data (mean \pm SEM) representing the mass and total length of fish from each temperature treatment measured at the time of each swimming performance trial.

Species	Temperature (°C)	Mass (g)	Length (cm)
	15 (9)	2.4 ± 0.3 a	5.9 ± 0.2 a
Juvenile Guadalupe Bass	22.5 (8)	4.1 ± 0.6 ^b	7.2 ± 0.4 ^b
	30 (8)	3.7 ± 0.4 $^{ m ab}$	7.0 ± 0.3 ^b
Adult Guadalupe Bass	15 (6)	$208\pm38~^{a}$	25 ± 1
	22.5 (9)	$117\pm18~^{ m ab}$	22 ± 1
	30 (6)	$114\pm21~^{ m b}$	22 ± 1
	15 (12)	2.0 ± 0.2	6.3 ± 0.1
Guadalupe Roundnose Minnow	22.5 (9)	2.3 ± 0.2	6.6 ± 0.2
	30 (8)	2.0 ± 0.1	6.5 ± 0.2
	15 (8)	1.7 ± 0.3	5.6 ± 0.3
Plateau Shiner	22.5 (8)	1.3 ± 0.1	5.4 ± 0.1
	30 (7)	1.3 ± 0.1	5.4 ± 0.1
	15 (7)	4.6 ± 0.9	7.9 ± 0.5
Guadalupe Darter	22.5 (10)	3.6 ± 0.5	7.7 ± 0.4
	30 (8)	3.8 ± 1.0	8.2 ± 0.6

Different letters indicate statistical differences among the different temperature treatments for the listed species/life stage. All statistical tests were conducted by one-way ANOVA followed by the Holm–Sidak post hoc test or ANOVA on ranks in cases where the condition of normality was not met (p < 0.05). Sample sizes are indicated in parentheses in the temperature column.

3.2. Swimming Performance (U_{crit} and U_{max})

Juvenile Guadalupe Bass from the 22.5 and 30 °C treatments exhibited a significantly higher $U_{\rm crit}$ compared to 15 °C when expressed in absolute speed (cm/s); however, only the 30 °C treatment was significantly different from the 15 °C treatment when speed was expressed as BL/s (Figure 1; Supplementary Table S2). No significant differences were observed for U_{max} across the different temperature treatments. Adult Guadalupe Bass from the 22.5 $^{\circ}$ C treatment exhibited the highest mean U_{crit} for this life stage. However, this was significant only compared to the 15 °C treatment when expressed in BL/s, and no significant differences were observed for U_{max} across the different temperature treatments. Guadalupe Roundnose Minnow from the 22.5 and 30 °C treatments exhibited a significantly higher $U_{\rm crit}$ than 15 °C when expressed in either cm/s or BL/s. No significant differences were observed for U_{max} across the different temperature treatments. Plateau Shiner from the 22.5 and 30 °C treatments exhibited a significantly higher U_{crit} and U_{max} than 15 °C when expressed in either cm/s or BL/s. Finally, no significant differences in U_{max} for Guadalupe Darter were observed across the different temperature treatments when expressed in either cm/s or BL/s. The Q_{10} (temperature coefficient) values for both U_{crit} and U_{max} fell within the range of \sim 1–2 (Supplementary Table S3). Notably, it was found that the Q₁₀ values were generally higher when comparing the temperature range of 15 to 22.5 °C as opposed to 22.5 to 30 °C or 15 to 30 °C. This suggests that swimming performance is more temperature-sensitive within the lower temperature range (15 to 22.5 °C).



Figure 1. Mean \pm SEM of the critical swimming speed (U_{crit}) and burst swimming speed (U_{max}) in cm/s (**A**) and BL/s (**B**) for each temperature treatment (°C). Different letters indicate significant differences between other temperature treatments for a given metric. All statistical tests were conducted by one-way ANOVA followed by the Holm–Sidak post hoc test (p < 0.05). Sample sizes were the same as the U_{crit} and U_{max} indicated in Supplementary Table S2.

3.3. Maximum Water Velocities

Maximum water velocities (*Vf*) for adult and juvenile Guadalupe Bass, Guadalupe Roundnose Minnow, and Plateau Shiner were determined based on the calculated U_{crit} (cm/s) percentiles (*Vs*) at 5% intervals from the 5th to the 95th percentile, providing a comprehensive overview of the data distribution. To calculate *Vf*, the distance component (*d*) was modeled in 5 m increments, covering a range up to 30 m. Due to the absence of U_{crit} data for the Guadalupe Darter, recommendations for *Vf* could not be determined. *Vf* values for all other species and combinations of *d* and *Vs* are shown in Supplementary Tables S4–S7. A sample representation of the data using the 75th percentile U_{crit} values

for each species as a function of distance at 22.5 °C is presented in Figure 2. Additionally, Supplementary Figures S1–S4 depict graphs of the *Vf* data, displaying the 5th, 25th, and 50th percentile for each temperature per species. Comparable trends were observed for all species examined. As expected, the *Vf* trend lines were typically lowest for the 15 °C treatments, followed progressively by the 22.5 and 30 °C treatments when comparing within a given percentile. An exception was noted in the case of adult Guadalupe Bass, where higher *Vf* values were recorded at 22.5 °C compared to 30 °C. Increasing *Vs* (thus decreasing the percentage of fish with successful passage) and decreasing the distance led to an increase in the *Vf* value.



Figure 2. Representative example of the calculated permissible water velocity values (*Vf*) as a function of culvert length set at the 75th percentile level of protection for each species at $22.5 \degree$ C.

3.4. Metabolic Rate and Aerobic Scope Measurements

An overall trend of increasing SMR, MMR, and AS with increasing temperature was observed for most treatments (Table 2). The MMR for juvenile Guadalupe Bass was significantly higher in the 22.5 and 30 °C treatments than in the 15 °C treatment. All treatments for the SMR in Guadalupe Roundnose Minnow were significantly different, while the MMR and AS were only for the 30 °C treatment. For the Plateau Shiner SMR, the 15 °C treatment was significantly lower than the other treatments. In comparison, the MMR was only significantly different from the 30 °C treatment, and the AS showed no significant differences. The SMR for Guadalupe Darter was significantly higher at 30 °C. At the same time, no significant differences were observed for the MMR. For the AS, the highest temperature of 30 °C displayed the lowest value and significantly differed from both water temperatures. The Q_{10} values for the metabolic traits in the species tested generally fell within the range of ~1–2 (Supplementary Table S3). Notably, most species demonstrated a greater thermal sensitivity within the lower temperature range of 15 to 22.5 °C. Plateau Shiner, in particular, exhibited pronounced sensitivity at the lower range for AS.

Species	Temperature (°C)	SMR (mgO ₂ /kg/h)	MMR (mgO ₂ /kg/h)	AS (mgO ₂ /kg/h)
Juvenile Guadalupe Bass	15 (9)	117 ± 9 (9)	372 ± 25^{a} (9)	255 ± 24 (9)
	22.5 (8)	238 ± 15 (8)	545 ± 37 ^b (8)	307 ± 32 (8)
	30 (8)	235 ± 31 (8)	537 ± 51 $^{ m b}$ (8)	302 ± 36 (8)
Guadalupe Roundnose Minnow	15 (10)	152 ± 15 a (10)	604 ± 36 ^a (10)	452 ± 28 a (10)
	22.5 (7)	258 ± 13 $^{ m b}$ (7)	697 ± 63 $^{\mathrm{a}}$ (7)	459 ± 58 $^{\mathrm{a}}$ (7)
	30 (5)	436 ± 34 ^c (5)	1135 ± 85 ^b (5)	$699 \pm 70^{\text{ b}}$ (5)
Plateau Shiner	15 (4)	133 ± 14 a (4)	344 ± 41 $^{\mathrm{a}}$ (4)	211 ± 42 (4)
	22.5 (3)	$196 \pm 19^{\ { m b}}$ (3)	$851 \pm 199 \ ^{ m ab}$ (3)	655 ± 214 (3)
	30 (2)	$426 \pm 88^{\ b}$ (2)	1042 ± 217 ^b (2)	616 ± 129 (2)
Guadalupe Darter	15 (6)	78 ± 17 a (6)	393 ± 22 (6)	315 ± 27 $^{\mathrm{a}}$ (6)
	22.5 (10)	114 ± 15 $^{\mathrm{a}}$ (10)	431 ± 33 (10)	316 ± 30 a (10)
	30 (7)	166 ± 14 ^b (7)	338 ± 33 (7)	171 ± 32 ^b (7)

Table 2. Mean \pm SEM of metabolic rate endpoints from each temperature treatment (°C).

Different letters indicate significant difference between other temperature treatments. All statistical tests were conducted by one-way ANOVA followed by the Holm–Sidak post hoc test (p < 0.05). Sample sizes are indicated in parentheses.

3.5. Cost of Transport and Optimum Swim Speed

For juvenile Guadalupe Bass, the optimal swimming speeds expressed as absolute speed (cm/s) were identical for the 22.5 and 30 °C treatments, and both were significantly greater than at 15 °C; however, only the 30 °C treatment was significantly different from that at 15 °C when speed was expressed as BL/s (Table 3). The optimal swimming speed for Guadalupe Roundnose Minnow was similar for the 22.5 and 30 °C treatments, and both were significantly greater than at 15 °C when expressed as cm/s or BL/s. Plateau Shiner from the 22.5 and 30 °C treatments exhibited a significantly higher U_{opt} than that at 15 °C when expressed in cm/s or as BL/s.

Table 3. Mean \pm SEM of optimal swimming speed (U_{opt}), cost of transport (COT), and cost of transport at U_{crit} (COT_{*U*crit}) from each temperature treatment (°C) in cm/s and BL/s.

Species	Temp (°C)	U _{opt} (cm/s)	U _{opt} (BL/s)	COT _{min} (mgO ₂ /g/m)	COT _{min} (mgO ₂ /g/BL)	COT _{Ucrit} (mgO ₂ /g/m)	COT _{Ucrit} (mgO ₂ /g/BL)
Juvenile	15 (9)	16.5 ± 0.63^{a} (8)	2.86 ± 0.13^{a} (8)	308 ± 20 (8)	17.8 ± 1.1^{a} (8)	$437 \pm 29 (9)$	25.4 ± 0.16 (9)
Guadalupe	22.5 (8)	24.8 ± 0.91 ^b (8)	3.49 ± 0.17 ^{ab} (8)	334 ± 20 (8)	23.9 ± 1.6 ^b (8)	$436 \pm 27(8)$	30.6 ± 1.1 (8)
Bass	30 (8)	25.4 ± 1.5 ^b (8)	3.66 ± 0.24 ^b (8)	323 ± 22 (8)	22.5 ± 1.5 ^{ab} (8)	415 ± 38 (8)	28.5 ± 2.3 (8)
Guadalupe	15 (12)	24.6 ± 1.5 ^a (11)	3.92 ± 0.23 ^a (11)	333 ± 35^{a} (11)	20.6 ± 1.8 a (11)	$493 \pm 36 (10)$	30.6 ± 1.7 ^a (10)
Roundnose	22.5 (9)	33.4 ± 1.8 ^b (9)	5.05 ± 0.26 ^b (9)	302 ± 16^{a} (9)	19.9 ± 1.2 ^a (9)	419 ± 23 (7)	27.6 ± 2.3 ^a (7)
Minnow	30 (8)	33.5 ± 2.2 ^b (6)	5.28 ± 0.45 ^b (6)	506 ± 61 ^b (6)	32.5 ± 4.2 ^b (6)	$672 \pm 71 (5)$	45.0 ± 4.7 ^b (5)
Distant	15 (8)	$29.9 \pm 4.0^{\text{ a}}$ (8)	5.41 ± 0.80 ^a (8)	231 ± 31 (8)	13.1 ± 1.8 (8)	299 ± 25 (4)	16.5 ± 2.3 (4)
Shipor	22.5 (8)	45.4 ± 3.2 ^b (7)	8.40 ± 0.53 ^b (7)	224 ± 36 (7)	12.0 ± 1.9 (7)	$365 \pm 77 (3)$	19.9 ± 3.8 (3)
Juner	30 (7)	54.8 ± 2.7 ^b (7)	10.3 ± 0.62 ^b (7)	193 ± 53 (7)	10.7 ± 3.1 (7)	377 ± 74 (2)	$22.9\pm4.6~(2)$

Different letters indicate significant difference between other temperature treatments. All statistical tests were conducted by one-way ANOVA followed by Holm–Sidak post hoc test (p < 0.05). Sample sizes are indicated in parentheses. The reduced sample size for U_{opt} juvenile Guadalupe Bass at 15 °C was due to one fish that produced a low r^2 value for the regression analysis.

Regarding the COT measurements, juvenile Guadalupe Bass displayed a significantly higher COT_{min} at 22.5 °C in mgO₂/g/BL compared to 15 °C. However, there were no significant differences observed between either the 15 or 22.5 °C treatments when compared to the 30 °C treatment. Furthermore, no differences were observed for COT_{min} when the measurements were expressed in mgO₂/g/m. Similarly, no differences were observed for COT_{*U*crit} expressed in either mgO₂/g/BL or mgO₂/g/m. The COT_{min} for Guadalupe Roundnose Minnow was significantly greater in the 30 °C treatments vs. 15 and 22.5 °C expressed as both mgO₂/g/BL and mgO₂/g/m as well as for the COT_{*U*crit} measured in mgO₂/g/BL. Plateau Shiner showed no significant effect of temperature treatment for the COT_{min} or COT_{*U*crit}, regardless of the units used for expression. However, it should be

noted that only small sample sizes (i.e., n = 2-4) were available for this species due to poor r^2 values for some of the required metabolic data.

4. Discussion

This research primarily aimed to assess various swimming performance metrics of SGCN fishes under a range of relevant temperatures that could be used to provide recommendations of the maximum water flow rates (Vf) for stream-crossing designs that ensure the passage of these fishes. Our approach focused on measuring the maximum sustained swimming speed (U_{crit}). Additional physiological endpoints were also assessed to inform broader questions related to aerobic scope, swimming efficiency, and partitioning contributions to ground speed (swimming speed minus water speed) from aerobic (U_{crit}) and anaerobic swimming mechanisms (U_{max}).

At least for some species, it has been determined that measuring the maximum swimming capacity using swim tunnels likely underestimates the values achieved in the wild putatively, due to behavioral/motivational effects in response to confinement within the tunnel [37,38]. Nevertheless, studies that integrate closed swim tunnel and open flume approaches (the latter more closely mimics natural conditions) have led to various approaches to estimating the limits to culvert or fish passage flow velocities [31,37,39–43]. Using a standard ramped-velocity U_{crit} test as a main component of this approach represents a compromise whereby time and logistical constraints associated with other methods and equipment (e.g., large custom-made flumes) are avoided, and the end results tend to be conservative in nature, given the likely inherent underestimation of the actual U_{crit} in the wild.

The approach adopted in this project, as detailed by Watson et al., offers a valuable method for estimating the passage flow velocity [30]. This method offers fisheries managers the flexibility to select from a range of distances and $U_{\rm crit}$ percentile values for their modeling purposes. Furthermore, these values can be finetuned to align with specific site conditions, culvert length, and the level of protection required for a particular species by adjusting the percentile threshold. For instance, the use of the 5th, 25th, and 50th percentile $U_{\rm crit}$ values allows for the estimation of the maximum water velocities that facilitate the successful passage of 95%, 75%, or 50%, respectively, for a species at a given temperature and distance. This adaptable approach equips fisheries managers with a valuable tool for tailoring their assessments to the unique requirements of their conservation efforts. Additionally, in cases where multiple focal species are expected to coexist in the same habitat, it is advisable to use the swimming performance value of the species with the lowest capacity as a basis for setting flow limits. This conservative approach ensures that the habitat is suitable for the species with the most stringent requirements, thus enhancing the overall conservation efforts. The low rates of change in the calculated Vf's as a function of culvert distance was due to the time increment (E_{vs}^{-1}) of 20 min that was used. In the report by Watson et al., the time interval used was 5 min, but the longer time interval used in this project likely facilitates a better approximation for a wider range of culvert lengths, some of which will require a greater time to traverse.

Regarding the temperature effects, U_{crit} is generally expected to increase with temperature up to a maximum speed, beyond which the performance steadily declines as the temperature continues to rise (see for example [44,45]). Of the three species tested for U_{crit} , all exhibited similar trends conforming to this expectation, although statistically significant increases were only observed between 15 and 22.5 °C. These trends suggest that the temperature at which the highest U_{crit} would be expected lies either near or between the 22.5 and 30 °C temperatures. An explanation for this could be that U_{crit} (maximum aerobic performance) is limited by the capacity for oxygen transport at elevated temperatures, compressing aerobic scope [46]. Considering the Guadalupe Bass, while these trends generally held for the adults, only the juveniles exhibited statistically significant differences, likely due to the smaller sample sizes for the adults, which were lower than anticipated (i.e., n = 5-6 instead of n = 8) due to non-cooperative fish (e.g., would not swim) or technical

difficulties with the video analysis for U_{max} (e.g., corrupted files). It should be noted that the differences in U_{crit} for juvenile Guadalupe Bass could be at least partially attributable to the smaller sizes of fish from the 15 °C treatment, as swimming efficiency is known to scale with size, with larger fish able to swim faster than smaller fish [47]. Metabolic rate also scales with size; however, this likely does not explain the significant difference in the MMR observed at 15 °C, given that the mass specific metabolic rate decreases with increased mass. Therefore, this difference can be safely attributed to a temperature effect. Burst swimming (U_{max}) is not necessarily expected to display the same degree of temperature dependence due to the thermal compensation of fast-twitch muscles following acclimation [48]. Indeed, there was no clear trend of a temperature effect on U_{max} for any of the species tested.

As alluded to earlier, the Guadalupe Darters could not be enticed to swim within the swim tunnel and instead would resist flow by pectoral fin extension and resting on the bottom or against the back screen. Considering that these fish are found in habitats with some of the highest current velocities among the species evaluated, this suggests that small-scale refugia from currents is likely necessary for them to move upstream through high-velocity areas by burst swimming from point to point rather than a sustained effort to pass a potential barrier. Similar inabilities to measure $U_{\rm crit}$ due to substrate bracing have been previously reported for other benthic species [27,39]. Interestingly, the AS for Guadalupe Darters was significantly reduced at 30 °C compared to the lower temperatures. This collapse in AS suggests that U_{crit} would likely be severely compromised at this temperature. Nevertheless, since periodic anaerobic burst swimming is likely the preferred mode of transport for Guadalupe Darters under high flow conditions, this potential effect on $U_{\rm crit}$ is likely negligible from a management perspective. Thus, in light of the absence of measured $U_{\rm crit}$ values combined with burst swimming as the preferred mode of transport for this species, U_{max} likely represents a reasonable alternative for establishing the maximum flow velocities for the safe passage of Guadalupe Darters. It is therefore recommended that water flows for this species do not exceed some fraction of U_{max} (e.g., 75% or lower 95% confidence interval) to ensure that most individuals are accommodated.

It should be noted that only relatively small sample sizes for the Plateau Shiner (i.e., n = 2-4) were available for metabolic endpoints due to the poor r^2 values obtained using the exponential regression. This typically occurred due to the data exhibiting a bimodal distribution with an initial rise in metabolic rate followed by a steady decrease until the metabolic rate rose again to the MMR (See Supplementary Figure S5). We reviewed video recordings to identify potential changes in swimming gait or ventilation during the swimming trials, which might help to explain these observations; however, no obvious changes were detected for either. Thus, the cause of the bimodal distribution of the metabolic data for some of these fishes remains unknown at this time.

It is expected that the SMR and MMR will increase at different rates as the temperature increases until reaching an optimum temperature where the AS is maximized [49]. Warming past this point constrains the MMR (limiting stressor), likely due to limitations on the oxygen supply capacity (e.g., insufficient ventilation or cardiac output) while simultaneously increasing the SMR (loading stressor), resulting in the compression of AS. AS represents the total amount of energy available to an organism beyond the minimum amount required to sustain life (i.e., SMR) that can be used for activities such as foraging, migration, and reproduction, and is therefore an important ecophysiological metric. Given that only three temperatures were used, we could not determine the precise optimal temperature for aerobic scope, though some approximations can be made. AS values for the Guadalupe Roundnose Minnow were significantly higher at 30 °C compared to 15 and 22.5 °C, which would indicate that with acclimation, this species' oxygen supply capacity is maintained at relatively high environmental temperatures. The inverse was seen for the Guadalupe Darter, where at 30 °C, the AS decreased significantly compared to 15 and 22.5 °C. This could be related to this species niche as a benthic organism, which utilizes burst swimming and therefore has likely evolved a lower dependence on aerobic performance. The Plateau Shiner and juvenile Guadalupe Bass, although not significant, displayed elevations in AS values from 15 to 22.5 °C and little change between 22.5 and 30 °C. Overall, these results indicate that the optimum temperature for the maximum aerobic capacity of juvenile Guadalupe Bass and Plateau Shiner likely lies near 22.5 °C or between 22.5 and 30 °C. These data are potentially reflective of the streams these species inhabit, where temperature variation is often mediated by spring inputs and indicate an elevated thermal vulnerability to stressors like habitat fragmentation and climate change, which could result in the exceedance of the thermal maxima.

5. Conclusions

The escalating ecological stress caused by anthropogenic activities has resulted in a significant loss of biodiversity in freshwater ecosystems worldwide. This concerning trend holds particularly true for stream-fish assemblages in the Edwards Plateau Ecoregion of Texas, where stream fragmentation, stemming from flow modifications and habitat degradation, has had a profound impact. In light of these challenges, the present study aimed to address critical knowledge gaps surrounding the swimming performance of four species of greatest conservation need native to this region: the Guadalupe Bass, Guadalupe Roundnose Minnow, Guadalupe Darter, and Plateau Shiner.

These species rely on the relative stability provided by spring complexes fed by the Edwards Aquifer, and their survival is contingent upon these specific habitats within the restricted ranges they occupy. By gathering measurements of the maximum sustained swimming speed, burst swimming speed, and metabolic traits of these fish under relevant temperature conditions, we provide valuable tools for determining site specific maximum water velocities. The data from these measurements offer valuable insights into these species' swimming capabilities, and coupled with additional physiological endpoints such as metabolic traits, cost of transport, and optimal swimming speed, will enable managers to make informed predictions about how these species will respond to the ever-increasing challenges posed by climate change and hydrological disruptions.

These findings hold substantial practical implications as they will help shape the design and modification of stream crossings and barriers, ultimately enhancing conservation strategies. By ensuring that these structures are tailored to the swimming abilities and requirements of these vulnerable fish populations, the negative impacts of ongoing urban development and habitat fragmentation can potentially be mitigated to preserve the genetic diversity and ecological integrity of these species.

Supplementary Materials: The following supporting information can be downloaded at: https: //www.mdpi.com/article/10.3390/fishes9060234/s1, Table S1: Water quality parameters (mean \pm SEM) for each temperature treatment; Table S2: Mean \pm SEM of critical (U_{crit}) and burst (U_{max}) swimming speeds for each temperature treatment (°C); Table S3: Q10 values; Table S4: Juvenile Guadalupe Bass Vf; Table S5: Adult Guadalupe Bass Vf; Table S6: Guadalupe Roundnose Minnow Vf; Table S7: Plateau Shiner Vf; Figure S1: Calculated permissible water velocity values (Vf) for juvenile Guadalupe Bass as a function of culvert length set at the 5th, 25th, and 50th percentile levels of protection for each species at each temperature. Figure S2: Calculated permissible water velocity values (Vf) for Guadalupe Bass as a function of culvert length set at the 5th, 25th, and 50th percentile levels of protection for each species at each temperature. Figure S3: Calculated permissible water velocity values (Vf) for Guadalupe Roundnose Minnow as a function of culvert length set at the 5th, 25th, and 50th percentile levels of protection for each species of protection for each species at each temperature. Figure S3: Calculated permissible water velocity values (Vf) for Guadalupe Roundnose Minnow as a function of culvert length set at the 5th, 25th, and 50th percentile levels of protection for each species of protection for each species at each temperature. Figure S4: Calculated permissible water velocity values (Vf) for Plateau Shiner as a function of culvert length set at the 5th, 25th, and 50th percentile levels of protection for each species at each temperature. Figure S4: Calculated permissible water velocity values (Vf) for Plateau Shiner as a function of culvert length set at the 5th, 25th, and 50th percentile levels of protection for each species at each temperature. Figure S5: Log \dot{MO}_2 (mgO₂/kg/h) at multiple swimming speeds (BL/s) for a representative Plateau Shiner.

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